



DRESSING UP DAY IDEAS

VIKINGS

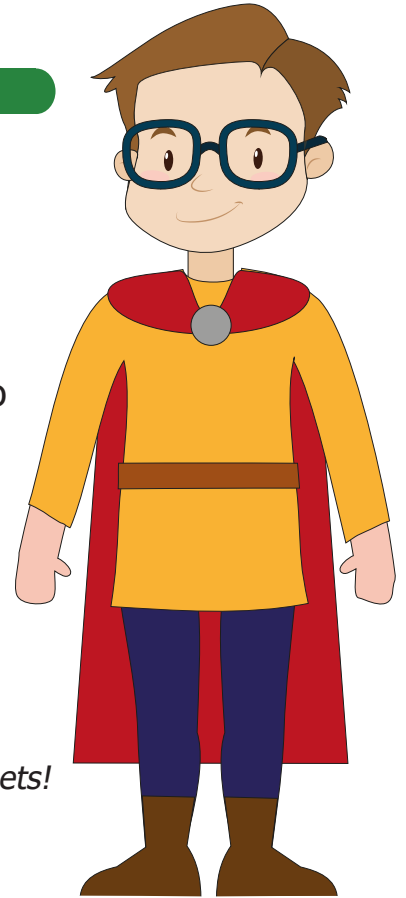
So you're having a dressing-up day?
You can whip up a costume with some
simple items from home:

VIKING WARRIOR

Both boys and girls can play warriors.

- A long sleeved, oversize plain T-shirt, any colour but not too bright
- A thin belt of leather or fabric.
- A pair of plain leggings or jogging bottoms
- A rectangle of fabric for a cloak, held by a pin or brooch
- Plain shoes or short boots

If you want to get extra creative then see our sheets on shields and helmets!



VIKING LADY



- A plain coloured long dress or top and skirt
- An apron dress (this can just be a rectangle of fabric with a hole cut in it for the head – an old sheet is perfect.) Another option is a plain kitchen apron
- A thin belt
- A pair of round or oval brooches, which will fasten onto the apron dress just below the collar bones. Decorated card with safety-pins on the back works well!
- A string of beads to hang between the two brooches
- Plain dark shoes or short boots
- Hair plaited at the back
- A plain headscarf (optional)
- Ladies can also wear cloaks if desired