



DRESSING UP DAY IDEAS

TUDOR & ELIZABETHAN

So you're having a dressing-up day?
You can whip up a costume with some simple items from home:

In the 16th century there were strict laws about what colours and types of clothing you could wear depending on your status. Rich people could wear silks, velvets and bright colours, whereas poor people were only allowed linen, wool, and dull colours.

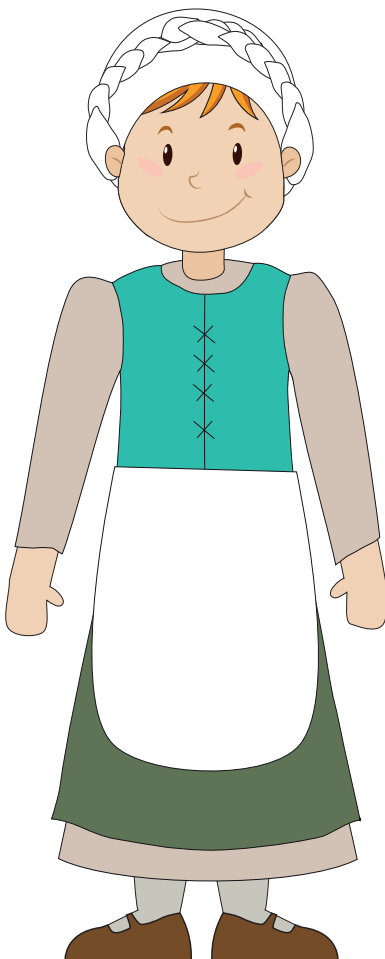
16TH CENTURY BOY:

- Shirt: Long-sleeved neutral-coloured T-shirt
- Waistcoat (called a doublet)
- Floppy woollen cap (or any brimmed hat)
- Leather belt
- Loose shorts or 3/4 length trousers
- Long socks (stockings in Tudor times!)
- Leather shoes or boots



16TH CENTURY GIRL

- Hair covered with a cap or cloth (see below)
- Long sleeved dress
- Waistcoat
- Long skirt over the dress
- Apron over the skirt
- Stockings or long socks
- Leather school shoes (Tudors had the same design!)



EASY HAIR COVERING WITH A CLOTH

