



DRESSING UP DAY IDEAS

STONE AGE

So you're having a dressing-up day?

You can whip up a costume with some simple items from home:

Evidence for Stone Age clothing is very limited as it was so long ago that little survives! Our best evidence comes from a very late Stone Age (neolithic) man found frozen in the ice in the Alps. Known as Ötzi the Ice Man, he dates from around 3300BC. Because he died on a mountain and his body was frozen, his clothing was very well preserved. This dressing up sheet uses some of his clothes as a template.

For more inspiration you could also look at native cultures around the world, e.g. tribes in Africa, the Americas, and Aboriginal Australians, as their traditional clothing is similar in many ways to what tribal cultures would have used even back in the Stone Age!

CLOTHES FOR BOYS AND GIRLS

- Plain neutral coloured leggings/trousers and a long sleeved T-shirt as a base.
- Anything made from leather, sheepskin, or fur fabric. Animal print fabric is a good substitute.
- A fake-fur gilet and hat is great if you have them.
- For footwear, Ugg-style boots are ideal.
- A fake-fur or fabric cloak can be worn.
- Jewellery such as a string of natural coloured beads for a necklace. Stone Age people would also have used bone, antler, leather, horn, seashells and feathers to decorate their clothes.
- Dyeing fabrics had not yet been invented so stick to natural colours e.g. beige, brown, cream, if you can.
- Ötzi the Ice Man had lots of tattoos! While we don't suggest tattooing your child, you could use eyeliner pencil to draw some "tattoos" if desired. Some cultures would also probably have used face paints made of earth, chalk and charcoal to paint their faces with patterns like dots and stripes.
- Remember - this is the STONE age! No obviously metal items should be used!

