



DRESSING UP DAY IDEAS

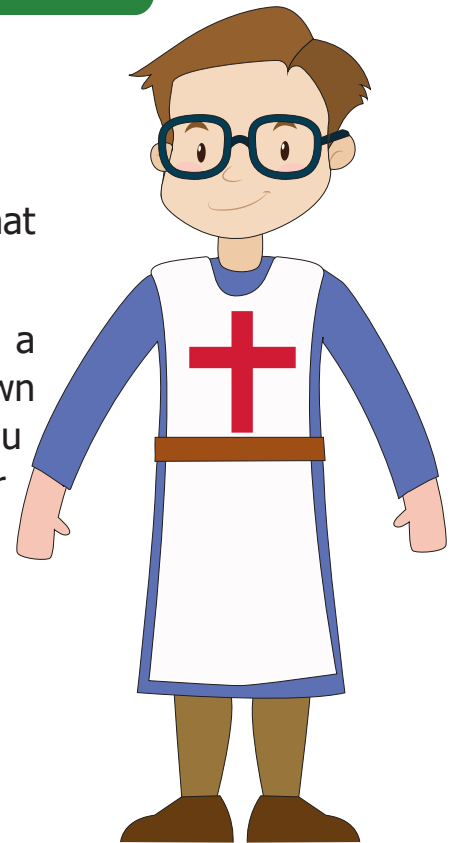
MEDIEVAL/NORMAN

So you're having a dressing-up day?

You can whip up a costume with some simple items from home:

MEDIEVAL/NORMAN KNIGHT

- Long-sleeved, oversized neutral-coloured T-shirt that reaches your knees.
- "Surcoat" - a long piece of plain coloured cloth with a hole cut in the middle for your head. An old cut-down bed sheet or table cloth is ideal. If you have time, you can paint a crusader cross on the front with poster paint.
- Leather belt to secure the tabard.
- Thick tights or leggings
- Leather shoes



MEDIEVAL/NORMAN LADY

- Hair covered with a cloth
- Cord or circlet of metal around the head cloth
- Long hair in two plaits
- Long sleeved dress with wide sleeves
- Thin leather or fabric belt
- Stockings or long socks
- Leather shoes

