



DRESSING UP DAY IDEAS

LATE MEDIEVAL

So you're having a dressing-up day?

You can whip up a costume with some simple items from home:

HIGH MEDIEVAL BOY

- A long sleeved tunic that reaches anywhere from knee length to floor length
- A hood, beret, "pork pie" or floppy hat. If you have nothing else a wooly beanie hat is fine (but not a bobble hat!)
- Leather belt
- Close fitting leggings or thick tights or very long socks/ stockings
- An old dressing gown, hoodie or fleece. Slit the top of the arm with some scissors up to just below the shoulder, and let the arm fabric hang down.
- If you don't want to cut up old clothes you can instead wear a piece of fabric as a cloak.
- School shoes or boots



HIGH MEDIEVAL LADY

- Long sleeved, long dress
- A piece of fabric for a wide belt that you wear above your waist, just under your chest. Tie or safety-pin it at the back.
- Complicated hats and hairstyles were very fashionable at this time. This cone shaped hat is called a **hennin**, and it was popular with rich ladies. You can make this from a large sheet of thick paper or card:
Roll it into a cone large enough to fit over your head, and tape the edge. Trim off any excess with scissors, and paint or stick a decorative band around the opening. Finish your hennin with some light, see-through material like an old net curtain or a chiffon scarf. Stick the netting on the point of the hat so that it drapes down around your shoulders, and doesn't fall off!
- Stockings or long socks
- School shoes

