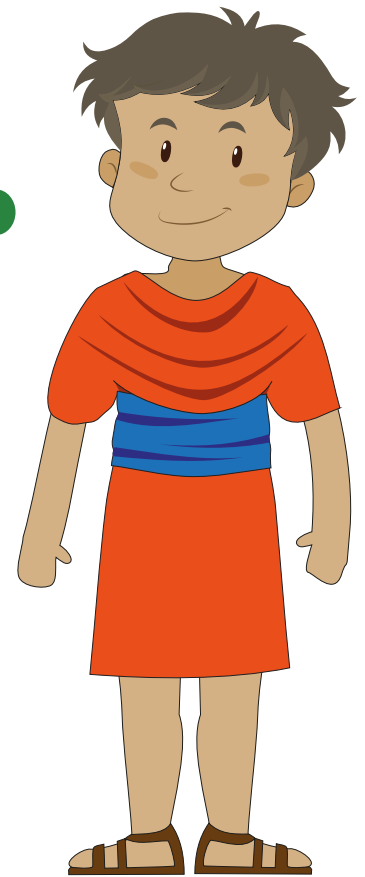




DRESSING UP DAY IDEAS

ANCIENT GREEKS

So you're having a dressing-up day?
You can whip up a costume with some simple items from home:



GREEK GIRL

- A long chiton (see instructions below)
- A large rectangle of fabric for a cloak (a bed sheet is ideal)
- A wide sash/belt of contrasting fabric
- Two brooches for the chiton
- A necklace and earrings as desired



GREEK BOY

- A knee length tunic (see instructions below)
- A wide sash/belt of contrasting fabric
- Sandals

TO MAKE THE BOY'S TUNIC

1. Take a large piece of rectangular fabric (an old bedsheet is ideal)
2. Fold it in half along its width
3. On the folded edge cut a hole for the head
4. Bind the waist with the wide belt, overlapping any additional fabric at the sides so that the tunic doesn't come open!
5. Trim the length so that it comes to your knees
6. A t-shirt and shorts can be worn underneath for modesty

TO MAKE THE GIRL'S CHITON

1. Take an old single bedsheet or similar and fold the top third down on itself to make a flap. Now fold the whole thing in half the other way;
2. Wrap the sheet around yourself, making sure there's no gaps;
3. Fasten the front and back with a brooch at each shoulder;
4. Use the sash as a belt to hold the whole thing together!
5. A T-shirt and shorts can be worn underneath for modesty

