

Dressing up day ideas

Tudor/Elizabethan/Shakespeare

So you're having a dressing up day? Don't panic! Even if you've forgotten about it until 8pm the night before, you can still manage to whip up a costume with some simple items in your house. There's no need for any buying or sewing!

In the 16th century there were strict laws about what colours and types of clothing you could wear depending on your status. Rich people could wear silks, velvets and bright colours, whereas poor people were only allowed linen, wool, and dull colours.

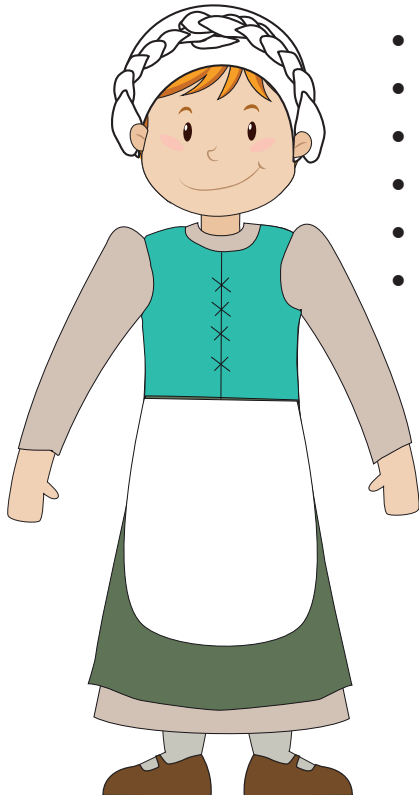
16th Century boy:

- Shirt: Long-sleeved neutral-coloured T-shirt
- Waistcoat (called a doublet)
- Floppy woollen cap (or any brimmed hat)
- Leather belt
- Loose shorts or 3/4 length trousers
- Long socks (stockings in Tudor times!)
- Leather shoes or boots



16th Century girl

- Hair covered with a cap or cloth (see below)
- Long sleeved dress
- Waistcoat
- Long skirt over the dress
- Apron over the skirt
- Stockings or long socks
- Leather school shoes (Tudors had the same design!)



Easy hair covering with a cloth:

