## Dressing up day ideas

# Greeks

So you're having a Greek dressing up day? Don't panic! Even if you'd forgotten about it until 8pm the night before, you can still manage to whip up a costume with some simple items in your house. There's no need for any buying and there's not even any sewing!

#### Greek Girl

- A long chiton (see instructions below)
- A large rectangle of fabric for a cloak (a bed sheet is ideal)
- A wide sash/belt of contrasting fabric
- Two brooches for the chiton
- A necklace and earrings as desired



#### **Greek Boy**

- A knee length tunic (see instructions below)
- A wide sash/belt of contrasting fabric
- Sandals

### To make the boy's tunic

- Take a large piece of rectangular fabric (an old bedsheet is ideal)
- 2. Fold it in half along its width
- 3. On the folded edge cut a hole for the head
- 4. Bind the waist with the wide belt, overlapping any additional fabric at the sides so that the tunic doesn't come open!
- 5. Trim the length so that it comes to your knees
- 6. A t-shirt and shorts can be worn underneath for modesty

## To make the girl's chiton

- 1. Take an old single bedsheet or similar and fold the top third down on itself to make a flap. Now fold the whole thing in half the other way;
- 2. Wrap the sheet around yourself, making sure there's no gaps;
- 3. Fasten the front and back with a brooch at each shoulder;
- 4. Use the sash as a belt to hold the hole thing together!
- 5. A T-shirt and shorts can be worn underneath for modesty





